



Education Classes

Childbirth Education classes are an important part of the necessary preparation for childbirth. This is a listing of some of the classes that are available to you. Please let us know if you have any questions or need help choosing the right class for you.

- Childbirth Class-MPWH Novi

This class eight hour Saturday class is taught at our office once a month. The class is taught by a nurse and it included information on labor and birth as well as preparation for C-sections and a refresher section. Appointments are booked at our office.

- Breast Feeding Class-MPWH Novi

This class occurs on a Thursday once a month. The class over the basics of breast feeding including overcoming any challenges. Appointments are booked at our office.

- Providence Hospital

These general childbirth classes, designed to help prepare you for birth are offered in a four week series or as weekend classes. Locations include Farmington Hills, Livonia, Novi, and Southfield. A tour of the labor and delivery unit is included. To schedule contact: 888-440-7325, www.healthcare.ascension.org/events